

Story 14

My story in my own words



Hey, I am me 20 years old, a women trapped in a male body. Which is difficult to understand and accept because I was not born a woman, I am born in a male body.

I came out to my family and some friends last year, due to which I started to live with depression, anxiety and stress which makes situations worse for me. I can't even tell who I am a boy or a girl, because I always knew I am a woman but people consider only 2 parts of society males and females not trans. I used to visit many doctors but they also don't accept and support, they still call it a disorder and psychological condition.

I remember an incident when I visited to a doctor and he told me to be a man, because it's a male dominated society and women are still low. It was a slap on my face and to many other people that still we are discriminated against not only by common and uneducated people but by doctors too! They don't even understand how an individual with gender dysphoria feels. it was the worst journey of mine to be a trans women but I am still valid even though I don't take hormones or have a sex change.