

Sher Vancouver produced the documentary "Emergence: Out of the Shadows" and took these still images during the production stages. They include images from the documentary itself and of the cast members Kayden Bhangu, Avtar Singh Nagra and Rajwant Kaur Nagra, Jag Nagra, Alex Sangha, and Jaspal Sangha. The documentary can be found in the following formats online.

Full Documentary – English Subtitles (81 minutes): <https://youtu.be/LxWII2Cztlg>

Full Documentary – Hindi Subtitles (81 minutes):

[https://youtu.be/kw2\\_OV4gMvc?si=mYhHxt63VdjLWr9w](https://youtu.be/kw2_OV4gMvc?si=mYhHxt63VdjLWr9w)

Full Documentary – Punjabi Subtitles (81 minutes): [https://youtu.be/dG3NVW-iMyM?si=\\_7LwW6LSYzGr6k2W](https://youtu.be/dG3NVW-iMyM?si=_7LwW6LSYzGr6k2W)

Broadcast Version – English Subtitles (58 minutes): <https://youtu.be/Lxye-3OVN9c>

Jag's Story – English Subtitles (less than 30 minutes): <https://youtu.be/sphBx4biw6g>

Amar's Story – English Subtitles (less than 30 minutes): <https://youtu.be/e7FEMIXuoGw>

Kayden's Story – English Subtitles (less than 30 minutes): <https://youtu.be/7CGVn6f0r-c>

Official Trailer (2 minutes): [https://youtu.be/VNjT3g1bf\\_Q](https://youtu.be/VNjT3g1bf_Q)

A digital copy of the "EMERGENCE: OUT OF THE SHADOWS Teacher's Discussion Guide", written by Surrey Teachers Annie Ohana and Sharon Sehrai:

<https://emergencefilm.net/download-discussion-guide/>

Official Website Link: <https://emergencefilm.net/>

### Synopsis of documentary

For Kayden, Jag, and Amar, awakening to and expressing their sexuality within conservative South Asian families was a lonely and terrifying experience. Denial, shame, and despair haunted their youths, even threatening their lives. Yet, they've emerged. In the gripping feature documentary Emergence: Out of the Shadows, the disparate journeys of Kayden, Jag, and Amar candidly converge around a shared sense of compassion and healing as they bravely convey their often heart-wrenching stories. Confronted with tradition and taboo in their Punjabi Sikh cultures, resisting silence, Jag's parents and Amar's mother choose love over rejection, offering courage and inspiration to individuals and communities struggling with acceptance. Tender, thoughtful, and teary, Emergence: Out of the Shadows asserts a potent and transformative voice in support of marginalized queer youth and their families.